



SCHOOL MENU

OCTOBER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

2
Taco Beef
Whoegrain Chips
Roasted Sweet Potatoes
Green Beans
Pears
Milk

3
Hamburger on WG Bun
Broccoli
Carrots
Applesauce
Milk

4
Mini Corn Dogs (WG)
Baked Beans
Green Peas
Diced Peaches
Milk

5
BBQ Chicken
Brown Rice
Parsley Potatoes
Green Beans
Fruit Cocktail

6
Pizza (Cheese)
Cabbage
Corn
Manadrin Oranges
Milk

WEEK 2

9
Teriyaki Chicken
Brown Rice
Corn
Green Beans
Pineapples
Milk

10
Chicken Nuggets
Wholegrain Roll
Broccoli
Baked Beans
Pears
Milk

11
Turkey Hot Dogs
Wholegrain Roll
Corn
Glazed Carrots
Madarine Oranges
Milk

12
Baked Spaghetti
Roasted Potatoes
Grren Peas
Peaches
Milk

13
BBQ Meatballs
Brown Rice
Roasted Sweet Potatoes
Green Beans
Fruit Cocktail

WEEK 3

16
NO SCHOOL

17
Hamburger on WG Bun
Broccoli
Carrots
Applesauce
Milk

18
Mini Corn Dogs (WG)
Baked Beans
Green Peas
Diced Peaches
Milk

19
BBQ Chicken
Brown Rice
Parsley Potatoes
Green Beans
Fruit Cocktail

20
Pizza (Cheese)
Cabbage
Corn
Manadrin Oranges
Milk

WEEK 4

23
NO SCHOOL

24
Chicken Nuggets
Wholegrain Roll
Broccoli
Baked Beans
Pears
Milk

25
Turkey Hot Dogs
Wholegrain Roll
Corn
Glazed Carrots
Madarine Oranges
Milk

26
Baked Spaghetti
Roasted Potatoes
Grren Peas
Peaches
Milk

27
BBQ Meatballs
Brown Rice
Roasted Sweet Potatoes
Green Beans
Fruit Cocktail

WEEK 5

30
Taco Beef
Whoegrain Chips
Roasted Sweet Potatoes
Green Beans
Pears
Milk

31
Hamburger on WG Bun
Broccoli
Carrots
Applesauce
Milk